connect

WINTER 2024

Connecting Through ConnectED: Elaina's Story



CONNECT **MEDICAL CLINIC**

> Elaina came to Connect Medical seeking help and support as a first-time mom. She and her husband had recently moved to Dickinson from Alaska and were still recovering financially from the relocation. Having a baby was not in their plans; the couple didn't even have health insurance yet. When they heard about Connect through a colleague, they reached out and were able to get the pregnancy confirmation and resources they needed to make healthy steps forward.

"The staff has been extremely supportive since day one. They connected me with community programs, and their ConnectED program, which has been such a blessing. They even gave me the resources to find affordable health insurance, which we did! My daughter and I are now in the Healthy Parenting pathway, and both of us look forward to our weekly connection at Connect Medical!"

"There was nothing like this where we were from. I'd recommend Connect Medical to any new mom or young family!"

We believe positive steps forward follow dignity-centered empowerment.











Your support has been invaluable to the mission, and we are profoundly grateful for your prayerful generosity.

In the past year, we assigned value ("price") to each physical item we needed to move forward.

Now, to continue providing life-changing care and upholding dignity in the space you've helped make possible, we need your continued gifts.

Encounters within the clinic change the course of a person's life, and those intangible impacts are PRICELESS.

The enemy wants to keep us unhealthy, despairing, broken and isolated. Connect Medical exists to stand against the erosion in the culture that denies the truth that every person is worthy of care, protection and love, regardless of their circumstances.

We invite you to nurture a culture of respect and dignity with your gift towards our \$200.000end-of-year goal.

You can give online at our website at ConnectMedicalClinic.com, scan the QR code, in person or by mail by sending your check in the enclosed envelope.

With your help, we're building a future where every person in our community has access to life-affirming, dignity-centered care. What a legacy to leave behind.

We are so grateful, The Advancement Team

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P.S. With your end-of-year gift, you provide dianity-centered services like:

- Annual Wellness Exams
- Preconception Education and Evaluations
- Holistic Gynecological visits with our dignity-centered providers, Dr. Thomas Arnold and Rachael Marshall, FNP-C
- 3D Ultrasounds and Early Pregnancy Evaluations



Scan QR code

A Commitment to Centeredness: A Look Back at 2024 *CEO Corner*



At Connect Medical Clinic, everything we do is rooted in one simple yet profound belief: that every individual deserves to be nurtured and cherished. This value of Centeredness has been our guiding light as we obeyed His call to Move Forward this year.



CENTEREDNESS: Situated around the Center; being grounded, focused and confident in the sanctity of human life.

As the new framework went up, unifying Suites E & F, the structure of the practice was expanded. Updated **Core Values** brought new clarity to the mission, and **Icons** (unique graphics) depict the values in fresh, fun colors.



With you, Connect actively creates a culture where all human life is deeply respected. Now, through these Core Values, you can experience the joy of a dignity-centered encounter by being both a financial supporter and a patient in the clinic you've helped build!

By becoming a patient at Connect, you're not just receiving quality healthcare, you're both living your values and tangibly experiencing a mission that's bigger than yourself.

Together, we fight the pervasive attitudes and systems that subtly devalue human dignity, undermine empathy, and prioritize gratification over the sacredness of human life.

Whether it's with your gift, your appointment or your prayers, we stand firmly in our fight for dignity and believe together, we are transforming the culture, one encounter at a time.

I am grateful for your partnership and excited about what's coming next in 2025!

As always,

Jara Zittel Tara

P.S. We've connected with those on the 17-page waiting list accumulated during construction and are now accepting new patients. **Call today to make your appointment!**

We believe upholding inherent dignity improves the quality of life, relieves multi-faceted distress, and conveys a greater understanding of one's own worth and purpose.



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CARE: To provide what is necessary and beneficial for the overall health, welfare and protection of someone.

- Annual Wellness for Men and Women:
 Stay up-to-date on important health screening changes and illness prevention.
- **Preconception Evaluation:** A wellness evaluation with education for women and men anticipating a pregnancy.
- **Gynecological Concerns Evaluation:** We approach gynecological concerns holistically and aim to restore balance to the natural state of function by correcting the source of the dysfunction. Remember, period problems are common but they are not normal.

Our services are now centered around our values of Connection, Care, and Choice. Scan to see the full list; above are just a few offered with our holistic medical providers, Dr. Thomas Arnold and Rachael Marshall FNP-C.



CONNECTION: A presence or a relationship that brings elements together in a meaningful or functional way.

The Staff and Board of Connect Medical Clinic are called to foster genuine, transparent connections with those we're called to serve.

Meet our newest staff members!

Mike Kiedrowski, Director of Advancement Janelle Willett, Director of Administration Kelley Jilek, Patient Experience Manager Christina Hirschfeld, Advancement Manager Madison Gellner, Connect Cares Coordinator



Connect Care Team November 2024

Welcome Our Newest Board Member: Flo Friedt



"I've been married to Jackie for 43 years this month, we have 4 grown daughters and 10 grandchildren. I worked for Fisher Industries for a little over 48 years, retiring in December of 2022.

I was approached by Dr. Arnold about Connect Medical and the work being done there, and he encouraged me to consider applying for a board position. After prayerful consideration, I applied. The work being done at Connect Medical by all its professionals is done with loving, holistic attention to the patient's well-being."

CHOICE: Empowered to set a course of action determined by one's values and goals after considering available resources and options.

To provide an optimal dignity-centered experience for patients, making us a trusted choice for healthcare in our region, our expansion also included these new systems:

Accepting Insurance: We now accept insurance and have a flexible Self-Pay Program. Everyone is welcome at our clinic regardless of their ability to pay, as we believe in providing compassionate care for all.

Free Connect Consultation: To create a personali:

care plan, each patient starts with a free one-hour consultation, in-clinic or via telehealth, to gather intake information, assess health needs and goals, and discuss financial options.

ConnectED:

We've expanded our educational program to include topics such as Healthy Relationships, Family Skills and Life Skills. Financial and Health Coaching available in conjuction with this service!

Connecting With Generation Z: Kohl's Story

Introduced to Connect by his mom, Kohl saw firsthand what dignity-centered care could mean for his generation, and **he couldn't wait to share it.**

An avid football and hockey player, Kohl first came to Connect for a sports physical. "The staff explained everything, asked if I was comfortable, and made me feel like I wasn't just a number," he says.

Realizing the value of this experience for others his age, **he became a** self-directed advocate for the clinic.

"Kids my age have extracurriculars that come with risks," says Kohl. **"It's** important to have a safe place to go where people truly care and want us to succeed."

Kohl has since connected his teammates, classmates, and even school resource officers with the clinic. In support, Connect Medical Clinic, through your generous donations, provided a PayDay Bar for Kohl's team after a game, with a reminder: "You are Priceless."

"Once I got to thinking about how my kids can be affected by the things that happen to me now, or in my generation now, I knew I wanted to keep my teammates safe, and everyone at my school, to have a healthy future community."

Son of Katrina, Connect's Nurse Manager, Kohl admits he didn't receive "special" treatment. "I think everyone here is treated with the same care—as long as they show mutual respect," he says.

Inspired by his mother's example of service at Connect, Kohl has realized the importance of genuinely caring for others. "She truly cares about people, a lot," he says. "I'm going to work on that, because of her, caring more and doing more for others."

Generation Z values connection, transparency, and community values shared by Connect.

Through the support of donors like you, Connect Medical Clinic can serve this generation, educating them in classrooms, supporting their activities, and connecting them to lifelong health.





Katrina, RN, Nurse Manager at Connect Medical, and her son, Kohl

Kohl and Katrina's experience highlights how impactful your support is, **building a legacy** that touches families now and for generations to come.



We urge you to actively promote a culture that honors and protects life at every stage through your prayerful financial gifts.

CONNECT MEDICAL CLINIC

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FriendsGiving Day: December 3, 2024

It's our first Annual FriendsGiving Event at Connect Medical! FriendsGiving is the celebration of Thanksgiving with Friends! **We have so much to be thankful for, namely, our friends like YOU!**

On December 3 (nationally, Giving Tuesday) we are holding a FriendsGiving Phone-a-Thon. **Be ready to hear from our Care Team!** We will be taking end-of-year gifts over the phone.



Thursday, April 3, 2025

Astoria Hotel & Event Center Dickinson, ND

Monthly Rent for 3,200 sq. ft: \$4,800 Projected Accreditation Application and Survey: \$6,000 Expansion Expenses paid in 2024: \$241,000 Connecting patients to their worth and dignity: **PRICELESS.** *Stay Tuned for More Details.*